## Join the growing tribe of South Africans who are helping to beat the Corona Virus

You can now check your own health every day by doing a digital pre-screening on WhatsApp.



This will help you not to be worried, to feel like you have some control over the virus and help with the reopening of schools.

## Just follow these 4 simple steps:

WhatsApp the word "Hi" to \*0\*600 60 33 33



Type the word "Check" from the menu

check

Follow the prompts to answer some self-screening questions



Know, so you can go

Get advice based on your risk result



Thank you for helping to stop the spread







